What is Bullying?

Bullying is unwanted, intentional, and repeated aggressive behavior among school-aged children that involves a real or perceived power imbalance — and if it happens with computers or electronic devices, it is called cyberbullying.

22% of students ages 12-18 report being bullied at school.

How are kids bullied?

- Made fun of, called names or insulted: 13%
- Threatened with harm: 4%
- Rumors spread about them: 13%
- Tried to make do things did not want to: 2%
- Pushed, shoved, tripped or spit on: 5%
- Property destroyed on purpose: 1%
- Excluded from activities on purpose: 5%

By Grade Level

<table>
<thead>
<tr>
<th>Grade</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
</tr>
</thead>
<tbody>
<tr>
<td>2021</td>
<td>28%</td>
<td>29%</td>
<td>27%</td>
<td>19%</td>
<td>19%</td>
<td>22%</td>
<td>16%</td>
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Gender

- 26% of Females
- 19% of Males

Race & Ethnicity

- 37% Two or more races
- 22% Black
- 14% Asian
- 18% Hispanic
- 25% White

Bullying May Affect

- Loneliness
- Sadness
- Depression
- Anxiety
- Substance Abuse

Behavior Changes

- Isolation
- Sleep Disturbance
- Eating Habits
- Substance Abuse

How to prevent bullying

- Inclusion
- Positive Reinforcement
- Empathy
- Kindness
- Supervision
- Family Support
- Social-emotional Skills

Learn more about bullying and its prevention at www.StopBullying.gov.

* Bullying may be a contributor to suicide. To learn more or get help: visit 988Lifeline.org or dial 988.

References: