Cyberbullying is bullying that takes place using electronic technology, such as chat rooms, instant messaging, social media, or other forms of digital electronic communication. With apps and technology changing all the time, unfortunately some will use them as new ways to bully.

**WHAT**

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**Places Where Cyberbullying Occurs**

- Social Media
- Instant Message
- SMS
- Email

**HOW**

**HOW are kids cyberbullied?**

- Mean or hurtful comments online 23%
- Rumors online 20%
- Posted mean names or comments online about me with a sexual meaning 13%
- Threatened or hurt me online 12%
- Threatened to hurt me through a cell phone text 12%
- Posted a mean or hurtful picture of me online 11%

**HOW is cyberbullying different from other types of bullying?**

- Permanence of Digital Information
- Harder to Notice
- Immediate and Persistent

**WHAT you can do**

- Notice
- Document
- Report
- Support

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