BULLYING IS A SERIOUS PROBLEM

The serious consequences of bullying make it clear that we all have a role in helping to stop it. We are all owners of the social contract, and we all have a role to play in ending bullying—whether we are children or adults.

The Many Forms of Bullying

- Made fun of, called names, or insulted (14%)
- Cyberbullied (13%)
- Excluded (7%)
- Threatened (4%)
- Pushed, shoved, tripped, or spit on (6%)
- Forced to do things they didn't want to do (2%)
- Rumors (5%)
- Destroyed (2%)

Boys, Girls & Bullying

- Boys (18%)
- Girls (18%)

Age as a Factor

Bullied

<table>
<thead>
<tr>
<th>Grade</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>9th</th>
<th>10th</th>
<th>11th</th>
<th>12th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Girls</td>
<td>32%</td>
<td>35%</td>
<td>35%</td>
<td>36%</td>
<td>35%</td>
<td>36%</td>
<td>35%</td>
</tr>
<tr>
<td>Boys</td>
<td>38%</td>
<td>40%</td>
<td>40%</td>
<td>37%</td>
<td>33%</td>
<td>34%</td>
<td>30%</td>
</tr>
</tbody>
</table>

Why Do Kids Bully?

Bullying is a complex issue with multiple root factors. When it involves peers:

- Family
- Community
- School

The Impact

Kids who are bullied are more likely to:

- Develop depression
- Have low self-esteem
- Engage in risky behaviors
- Have academic problems

Why do kids keep silent?

- Afraid to report
- Afraid of reporting
- Don't want to report

92% of male-female students say they feel guilty for bullying others who are bullied. But empathy often does not translate into action. What can you do?

Visit stopbullying.gov to learn how to be more than a bystander and what you can do to address bullying in your community.