

A Snapshot of Bullying in America

What is **Bullying**?

Bullying is unwanted, intentional, and repeated aggressive behavior among school-aged children that involves a real or perceived power imbalance – and if it happens with computers or electronic devices, it is called cyberbullying.

22%

of students ages 12-18 report being bullied at school



How are kids **bullied**?

13%

Made fun of, called names or insulted

4%

Threatened with harm

13%

Rumors spread about them

2%

Tried to make do things did not want to

5%

Pushed, shoved, tripped or spit on

1%

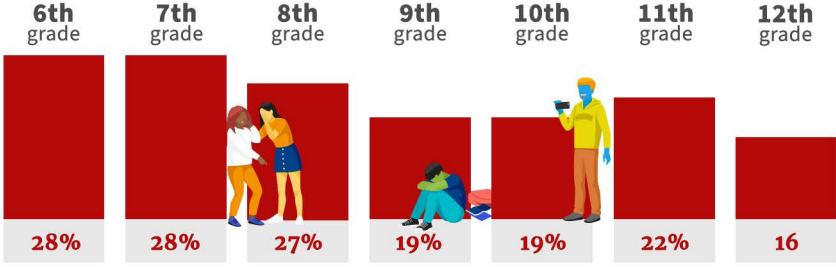
Property destroyed on purpose

5%

Excluded from activities on purpose

Who is **bullied**?

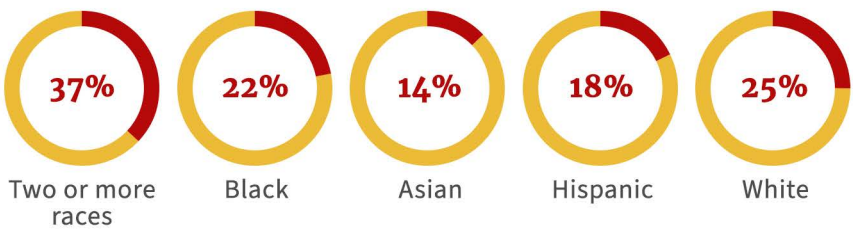
By Grade Level



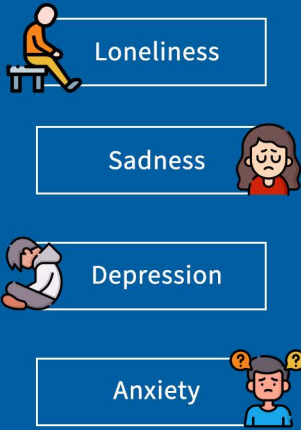
Gender



Race & Ethnicity



Bullying May Affect



Behavior Changes



How to prevent **bullying**

- ✓ Inclusion
- ✓ Positive Reinforcement
- ✓ Empathy
- ✓ Kindness
- ✓ Supervision
- ✓ Family Support
- ✓ Social-emotional Skills

Learn more about bullying and its prevention at www.StopBullying.gov.

*Bullying may be a contributor to suicide. To learn more or get help: visit 988lifeline.org or dial **988**.

stopbullying.gov